

safeTALK

March 5, 2025
9:00am-12:30pm

Course Description: safeTALK helps participants recognize a person with thoughts of suicide and connect them with resources who can help them in choosing to live. This course helps attendees become alert to suicide. Suicide-alert people are better prepared to connect persons with thoughts of suicide with life-affirming help. Participants don't need any formal preparation to attend the training—anyone age 15 or older who wants to make a difference can learn the safeTALK steps.

Instructor Information: Sarah Abdelmishah

Audience: RUHS-BH Staff, Contract Providers, and Community-Based Organizations

Seat #: 30

Location: 2085 Rustin Avenue, Riverside, CA 92507 - Entrance. 1

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

Educational Goals:

- Notice and respond to situations where suicide thoughts may be present
- Recognize that invitations for help are often overlooked.

Learning Objectives:

Participants will be able to:

- Move beyond the common tendency to miss, dismiss, and avoid suicide,
- Apply the TALK steps: Tell, Ask, Listen, KeepSafe
- Know community resources and how to connect someone with thoughts of suicide to further suicide-safer help

*****This course does not offer continuing education units/credits/hours*****

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).